

# MEMORY SUPPORT SERVICES



## Brain Health Bootcamp

A fun, social class to strengthen your mind! This program helps those who've recently been diagnosed with cognitive impairments through cognitive and physical exercise and socialization.



## Memory Lane TV

Using multisensory programming, Memory Lane TV is designed for people in later stages of cognitive loss as an intervention during times when extra support is needed. Guided imagery and soundscapes are used to engage, reminisce, and evoke positive memories and feelings.



## Music & Memory

Personalized music programs for people living with dementia or other cognitive impairments. Music & Memory is tailored to their preferences and era. Music has transformative healing power for those living with dementia and can improve quality of life while reducing caregiver stress.



## Robotic Pets

Used for companionship, stimulation, and to relieve depressive symptoms, Robotic Pets are helpful for those with or without cognitive loss. They react to sound and touch like a real pet by barking, meowing, and purring!

**For more information, call 770.677.9415**

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Aviv Older Adult Services  
Jewish Family & Career Services

